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HIGH (AND RISING)
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MARIA BELLO
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TOUGH IMAGE
SPORTS** {page 23}

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News

Court sees photos of MJ's body

- Manslaughter case against Michael Jackson doc begins
- Murray lawyers say pop star 'caused his own death' {page 06}

Moving with Grace?

Who was the
real star of
'Dancing with
the Stars' the
other night?
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SUBWAY WIRELESS: A blessing or a curse?

► Four Manhattan stations only the beginning for cell service ► Riders
pleased, annoyed and some just shocked the MTA could pull it off {page 02}

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Actor's son could be trial witness



► The Douglasses

NEW YORK. Cameron Douglas, son of actor Michael Douglas, might be a witness for the government in a drug smuggling trial in New York. The younger Douglas is currently serving five years in prison after he

was caught dealing methamphetamine out of his hotel, and a judge named him as a potential witness in court yesterday. Douglas reportedly agreed to testify against his supplier in a deal with prosecutors. ● METRO/AB



► Bloomberg

Bloomberg associate on trial

MANHATTAN. Mayor Michael Bloomberg is a reluctant star at a Manhattan trial this week. The mayor's former consultant, John Haggerty, is on trial for allegedly stealing more than \$1 million in campaign funds from the billionaire mayor. Bloomberg himself might have to testify — although the Manhattan district attorney's office said he does not have to worry about any charges against him.

● METRO/AB

Factory accident

SHIRLEY, N.Y. A Long Island man was seriously injured yesterday in an industrial accident. Suffolk County police said he became entangled in a large compacting baler at Clare Rose Distributor, a beer distributor. Officers were able to rescue the 56-year-old Patchogue man, but he suffered severe blood loss. ● METRO/AB

Parents charged with kidnapping

QUEENS. A couple who kidnapped their eight kids from a Queens foster home were found in Harrisburg, Pa., on Monday. Shanel Nadal, 28, and Nephra Payne, 34, were charged with eight counts of kidnapping and child endangerment. ● METRO/AB

Mixed signals over subway cell service

► Wireless signals hit airwaves in four stations yesterday ► Riders skeptical of subway's new service ► More stations will be wired soon

Straphangers are sending the MTA mixed signals about the subway's new cellphone service.

"As I came up the stairs my phone started buzzing — I was shocked!" said De-Shawn Paul, 39, a salesman from the Bronx, at the 14th Street and Eighth Avenue station. "I didn't think they could do it."

Transit Wireless, the company installing the technology, announced that 30 more stations will have cell service in the next 12 months, including Columbus Circle, Times Square and Herald Square. They're also hoping to secure contracts with other carriers, like Verizon and Sprint. Those customers currently can't get a signal.

But not everyone is thrilled with the gift of gab.

"Since cellphones were invented, obnoxious people have been abusing them," said Hector Colon, 35, a security guard from the Lower East Side. "It's going to be annoying to hear their conversations."

Those conversations will occur on station platforms only: There are currently no plans to outfit all 500 miles of subway tunnels with wireless service, according to Transit Wireless. The total cost to the company is between \$100 million and \$200 million to outfit all 277 underground subway stations; the MTA pays nothing for the service.



► Riders take advantage of new wireless signals at the 14th Street and Seventh Avenue station.

Ariel Roper, 17, an NYU student, said the service would be useful if she was ever lost or late, but she doesn't plan on making noisy phone calls. "Talking loud on the phone could attract the wrong kind of attention," she said.

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We still can't hear you now!

NEW YORK. Metro went to 14th Street to test out the new cell service ourselves, but there was one problem: We have

Verizon!

Ever curious of the new subway etiquette involving calls inside stations, we pretended to make a call to our therapist — as loud as humanly possible.

Two dirty looks and one "shut up" later, we "hung up." ● METRO/EAE

In the news

Baby delivered in car

A nursing student got a real test yesterday when she delivered a healthy baby girl in the back seat of her neighbor's car. Aionga Pereira, 35, a student at Long Island University College, told the New York Post it was a "nerve-wracking" experience.

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EXTENDED INTERVIEW: JUST DESSERTS

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MIXTAPE

WHO IS THE NEXT ARCADE FIRE?



Celebs join in on Wall St. protest

► Susan Sarandon stops by to dispense advice ... before jetting off to Italy ► Michael Moore, Cornel West stop by

Susan Sarandon offered her celebrity wattage to the Occupy Wall Street protesters' cause yesterday.

The Oscar-winning actress, 64, stopped by shortly after noon yesterday to tour a makeshift medical station amid the mattresses laid out at Zuccotti Park. The A-list star said she swung by before catching a flight to Italy.

"I'm just here to be educated," she said.

Sarandon is a veteran protester who was arrested in 1999 during a rally criticizing the NYPD for the shooting death of Amadou Diallo.

She also doled out a few



► Sarandon, at the protest

ALLEN WEISS

words of advice: "It helps to focus on one thing to be accomplished," she said, according to the Daily

News. "Is everyone here registered to vote? Are you having people sign petitions?"

The actress wasn't the only one to show her support for the protesters. Filmmaker Michael Moore showed up at the park to encourage them Monday night, as did rapper Immortal Technique. Cornel West, a well-known intellectual Democrat, stopped by last night.

"I'm so impressed by what I'm seeing here," Moore told the jubilant crowd Monday.



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Sidewalk. Makeover



► According to the Department of Transportation, the streets around Times Square have not been rebuilt in more than 50 years and there are old trolley tracks buried beneath the asphalt.

A new look for Times Square

An architecture firm in charge of redesigning Times Square released renderings of its plans yesterday. If the plans offered by Snohetta Design go through, a new flooring of concrete will take over the pedestrian walkways. The change means that the recently added — and controversial — car-free plazas will remain forever blocked off to traffic. Under the plan, the area will be leveled and all signs of the old sidewalks and curbs will be removed. ● METRO/AB

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CITY TAKING AIM AGAINST GUN VIOLENCE

Opinion

JUMAANE WILLIAMS AND FERNANDO CABRERA

NEW YORK CITY
COUNCIL MEMBERS



This summer was, sadly, a season of bloodshed in the five boroughs.

New Yorkers like Denise Gay, Dequan Mercurius, Samayah Bailey, Nicholas Telemaque and Tayshauna Murphy all fell victim to senseless gun violence. These are but a handful of the names we got to know these last couple months through their stories of personal tragedy. There are dozens of other victims you haven't heard of.

Labor Day weekend was a wake-up call for many of this city's leaders as to how serious this crisis has gotten. At least 67 people were shot in New York City in a short four-day period; at one point, there were 25 shootings in a 24-hour span. At a backyard party in the Bronx, eight young people were hit by a barrage of bullets. Along the route of the West Indian Day Parade in Brooklyn, four people were wounded and at least another six were maimed in the surrounding area, three of them fatally.

These are the sons and daughters, the mothers and fathers of New York City. Gun violence is not acceptable, nor should it be considered endemic to any one community or area. This is an emergency of the highest level, and for that reason action is being taken.

Quoted

"This is an emergency of the highest level; and for that reason, action is being taken."

young people to play across our city. This effort produced the reopening of newly restored tennis courts at Brooklyn's Boys & Girls High School and a new school playground in the Bronx that was padlocked for nearly a decade because it was dangerously unsafe.

Now the Council is launching a gun violence task force to address this serious problem. As co-chairs of the task force, we are focused on examining the root causes behind gun violence and identifying from where illegal guns are coming into this city. Poverty, education and unemployment all play into the situation facing us, which is why we will be calling on experts from these and other fields to come together.

We also need the voices of those with practical experience in our communities who can help us determine how safe residents truly feel, which includes our youth across the city. Additionally, we will develop metrics to ensure we are truly creating a safe place for our young people to learn and grow.

The future of New York City depends on it.

— Councilman Jumaane Williams represents Flatbush and Councilman Fernando Cabrera represents the Fordham neighborhood of the Bronx.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send 300-word submissions to letters@metro.us.

Flying the furious skies: Pilots protest air merger

They're not the usual long-haired protesters spotted in Lower Manhattan these days. Yesterday, hundreds of clean-cut airplane pilots — sporting pressed suits, polished hats and pilot wings — marched in front of the New York Stock Exchange, saying the merger of Continental and United airlines left them out in the cold.

Captain Jay Pierce, a Continental pilot for 23 years, said pilots are upset

"We want to make sure you have a well-rested, well-compensated pilot." PIERCE

their contracts are still not finalized one year after the merger. Pilots are asking for better pay, he said, and want management to address issues such as not getting enough rest in between flights. Instead, he

said, management's focus has been on minor details.

"We were seeing a lot of attention paid to painting airplanes," he said, "and cute cocktail napkins."

Pilots from both airlines, as well as Delta, gathered on Broad Street. Some held signs that read "What's a pilot worth?" depicting an image of the "Miracle on the Hudson."

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► Pilots from United, Continental and Delta march outside the Stock Exchange on Broad Street yesterday.

Tavern needs tavernkeeper

CENTRAL PARK. The city is looking for someone to take care of Tavern on the Green. What was arguably New York's most famous restaurant has been closed for about two years now, but the Parks Department will reportedly seek proposals for an operator who would reopen it as a restaurant again, Crain's reported. The space has hosted food vendors since closing. **METRO/AB**

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WEDNESDAY, SEPTEMBER 28, 2011

An epic battle for re-election

MANCHESTER, N.H. President Barack Obama faces a "titanic" struggle to win re-election in 2012 given the persistently high unem-

ployment and bitter partisan battles in Washington, his senior campaign advisor said yesterday.

Strategist David Axelrod also warned of a new "Gilded Age" in the United States in which special

interests can use massive campaign donations to "buy" politicians.

"We have the wind in our face because the American people have the wind in their faces," he said. **REUTERS**

MJ doctor trial off to emotional start

- Prosecutors show picture of dead Michael Jackson
- Murray faces up to four years in prison if convicted

Grim photos of Michael Jackson lying dead in a hospital bed juxtaposed with a picture of the "Thriller" singer rehearsing the day before his demise brought an emotional opening yesterday to the manslaughter trial of the doctor hired to care for him.

In opening arguments two years after Jackson's sudden death by drug overdose, prosecutor David Walgren told jurors that the pop star "literally put his life in the hands of Dr. Conrad Murray."

"That misplaced trust in the hands of Conrad Murray cost Michael Jackson his life," Walgren added.

But Murray's lawyers argued that Jackson "caused his own death" by giving himself extra medication. "He died so rapidly, so instantly, he didn't even have time to close his eyes," defense attorney Ed Chernoff said in opening arguments.



► An image seen in court shows Michael Jackson practicing on June 24, 2009, and on June 25, 2009, lying in the hospital.

Murray has pleaded not guilty to the involuntary manslaughter of Jackson on June 25, 2009, but faces a prison sentence of up to four years if jurors find he is ultimately responsible for the pop star's death due to inadequate care.

The trial is expected to last four to six weeks.

The Texas cardiologist, who was getting \$150,000 a month to care for Jackson, wiped away tears during yesterday's opening statements as attorney Chernoff defended him. **REUTERS**

Insurance premiums climb faster in 2011

The cost of health insurance continues to climb for companies and workers, with annual family premiums this year growing at a pace triple that of 2010 and outpacing wage increases, according to a survey.

As the U.S. continues to grapple with a stubbornly weak economy, family premiums in employer-sponsored health plans jumped 9 percent this year and single premiums rose 8 per-

"Even with a 5 percent increase in a premium this year, they didn't get a 5 percent raise."

JEFF FRANCK, COMPENSATION AND BENEFITS MANAGER AT ALTRUI HEALTH SYSTEM

cent, compared with 2010's 3 percent and 5 percent, the Kaiser Family Foundation's annual study, published yesterday, found. **REUTERS**

Better look at supercookies

Two leading lawmakers on privacy have asked the Federal Trade Commission to look into MSN.com and Hulu.com's installation of cookies onto users' computers that cannot be deleted. Reps. Joe Barton and Ed Markey asked FTC Chairman Jon Leibowitz what plans the agency had to probe the use of the so-called supercookies. **REUTERS**

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Cocktails Rings.....	\$15,500	Art Nouveau.....	\$12,500
Charm Bracelets.....	\$5,500	Lavalieres.....	\$8,000
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Breitling.....	\$15,000	Illinois.....	\$1,500	Chronograph Watches.....	\$16,500
Cartier.....	\$12,500	Jules Jurgenson.....	\$16,000	Ladies Watches.....	\$11,000
Corum.....	\$3,000	LeCourte.....	\$6,000	Musical Watches.....	\$37,500
Ditshiem.....	\$14,000	Longines.....	\$13,000	Pocket Watches.....	\$52,500
Dudley.....	\$11,500	Movado.....	\$2,500	Regular Watches.....	\$11,000
E. Howard & Co.....	\$12,000	Omega.....	\$2,500	Repeating Watches.....	\$65,000
Elgin.....	\$750	Rolux.....	\$16,000	Stop Watches.....	\$11,000
Frodsham.....	\$12,000	Seth Thomas.....	\$1,500	World Time Watches.....	\$37,500



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A Note Regarding the Up To Prices listed in this Ad

The condition and rarity of an item determines its price. If an item is in excellent condition and very rare it might be worth the up to price, or even more. However, if an item is in poor condition, the value will be lower. For example, a 1927 S Quarter could be worth \$7,000 in new condition or less than \$20 in poor condition. The up to price reflects items of exceptional quality and rarity. Although it is unlikely you will have these items due to their extreme rarity, feel free to bring whatever items you may have and we will evaluate them free of charge.

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Newest iPhone coming?

SAN FRANCISCO. Apple looks set to unveil its much-awaited new iPhone next week. Analysts say it will have a bigger screen and work better with remote computing services.

Apple invited media yesterday to a "special event" called

"Let's talk iPhone" on Oct. 4 at its Cupertino, Calif., headquarters — an unusual location for a company that typically introduces major products at larger venues in San Francisco.

An Apple spokesman would not provide further information.



This would be the first major product launch under Tim Cook, who took over full-time as chief executive after co-founder Steve Jobs resigned last month. **REUTERS**

Magic beans? Coffee gals less depressed, study says

► Lady latte lovers more happy than their abstaining counterparts ► Also: Chemo OK for pregnant mothers



► Women in the top fifth of caffeine consumption had a 20 percent lower risk of depression than women in the bottom fifth.

Women who drink four cups of coffee a day are 20 percent less likely to become depressed than women who rarely drink coffee, U.S. researchers say.

Caffeine is the most frequently used central nervous system stimulant in the world, and coffee consumption accounts for about 80 percent of caffeine use.

Drinking coffee offers a boost of energy and a lift in well being, said Alberto Ascherio of Harvard School of Public Health.

"This short-term effect is what drives the consumption of caffeine," said Ascherio, whose study appears in the Archives of In-

More for moms

Treating pregnant cancer patients with powerful chemotherapy drugs appears not to harm their unborn children, but pre-term delivery to avoid subjecting them to chemo does, according to a study by cancer experts.

"The data suggest the children suffer more from prematurity than from prenatal chemotherapy," said Dr. Frederic Amant.

ternal Medicine.

His team studied more than 50,000 women enrolled in a health study of

nurses. The women had an average age of 63, and none were depressed when they enrolled in the study.

Ascherio's team measured coffee consumption based on data on the women for 14 years dating back to 1976. They then classified the women according to how much coffee they drank and followed them for an additional 10 years.

"We found that those women who regularly drink four or more cups of coffee a day have 20 percent lower risk of developing depression than those who rarely or never drink coffee," Ascherio said.

REUTERS



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Service wakeup call: Hold the 'tude

PAUL J. RICHARDS/AFR/GETTY IMAGES



► Researchers say stores should focus on training employees to be better at conflict resolution and "difficult people."

If it feels like retail employees are rude to you on a regular basis, you're certainly not alone.

More than a third of consumers say they experience rude customer service at least once a month, according to a study in the

most recent issue of the Journal of Service Research. To make matters worse for the retailer, more than half of those who experience rudeness tell their friends and co-workers about the incident (58 percent and 55 percent, respectively).

It's not just the rudeness customers experience firsthand that has the potential to tar a company's reputation. Researchers found that half of those surveyed witnessed one employee be rude to another at a store at least once a month, and the vast majority of those customers who did ended up speaking negatively about the company.

Rude behavior, or "incivility" as the researchers refer to it, is defined in the report as encompassing any incident where workers are perceived as being insensitive or disrespectful.

Gyms do the heavy lifting

NEW YORK. Restaurants proved to have the highest frequency of rude encounters in each category, with 83 percent of respondents saying a restaurant employee was rude to them at some point. Gyms, on the other hand, ranked the best in each category, with just 10 percent of respondents experiencing rude behavior firsthand.

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CONTRIBUTED BY

The Street



Confidence dips as jobs stay elusive

WASHINGTON. Americans worried about their incomes as they struggled to find work in September, holding consumer confidence near 2.5-year lows and pointing to weak spending in the months

45.4 The Conference Board's index of consumer attitudes was little changed at 45.4 this month from 45.2.

ahead. Other reports yesterday on regional manufacturing and services showed some improvement this month, and house prices stabilized in July — giving hope for

slow growth to continue as long as Europe's debt crisis does not escalate.

"The message is stagnation," said Pierre Ellis, senior economist at Decision Economics in New York.

Ryan Wang, U.S. economist at HSBC, said stagnant consumer confidence "may lead to spending restraint by households in the remainder of this year." **REUTERS**

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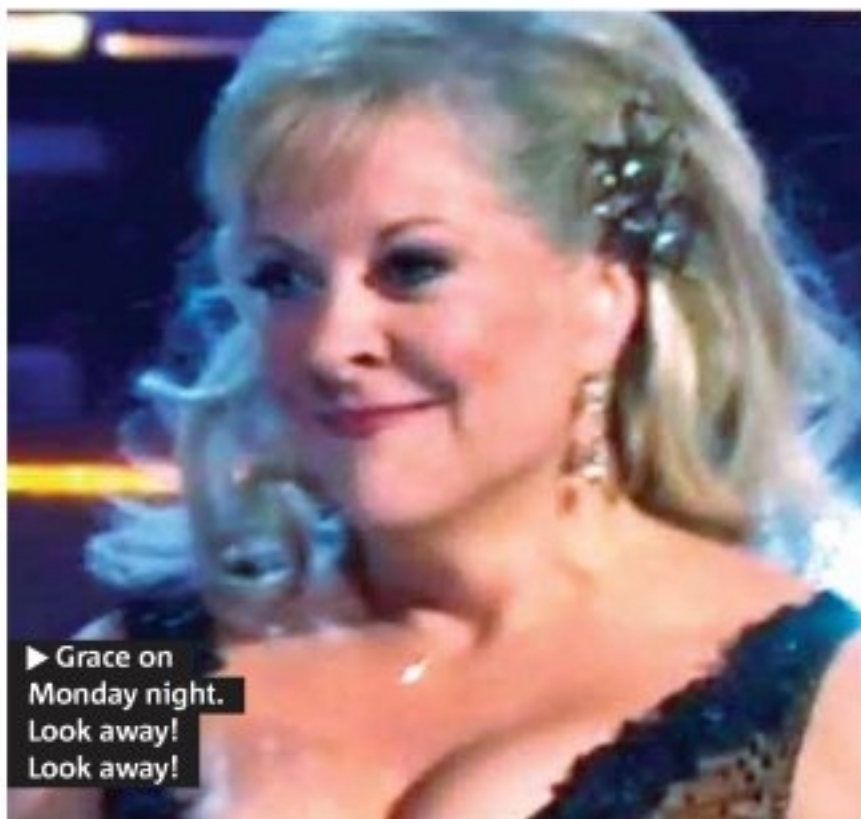


Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](#) [dorothy.robinson@metro.us](#)

Nancy Grace, out on top

Today's column makes me want to re-think my life choices, as it is all about **Nancy Grace's** boob. More specifically: Did it or didn't it slip out during Monday night's episode of "Dancing with the Stars"? (Sorry, Mom. For everything.)

During a jive routine with partner **Tristan MacManus**, Grace's left ta-ta slipped a bit from her tight-fitting dress. Luckily, a quick-thinking (or momentarily blinded?) cameraman was able to cut away from the Republican areole but it was too late: Millions of people saw it. And if they didn't catch it, they certainly



ly did yesterday when "Nancy Grace Boob" was one of the most Googled phrases of the day.

However, Grace swears it didn't happen.

"Tonight, when we were doing our hopscotch portion of our dance, there was a little bit of movement but it did not rise to a wardrobe malfunction," the 51-year-old told Us Weekly backstage after the show. "We have taken every precaution known to men in this

dress right here. I'm talking industrial-size precaution. There may have been ... a little bit of jiggling, but there was absolutely not a wardrobe malfunction."

But then again, Grace has been wrong about a few things before, such as Duke lacrosse players committing rape (they didn't), or that Richard Ricci "was guilty" of kidnapping Elizabeth Smart (he wasn't), or that her fiancé was killed by a stranger in 1979 (it was actually a co-worker). Not really sure where to put this nip-slip in the awful Nancy Grace incorrectness hierarchy? I'm guessing toward the top. Zing!

[WWW.METRO.US/WORD](#)
DOROTHY ROBINSON'S
WORD BLOG

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Chris Brown is dealing with pet peeves, Jason Mraz is looking to share, Diablo Cody is seeing the sights and Judd Apatow is live-tweeting his "Abduction" viewing.

@chrisbrown
Don't you hate it when somebody always has to say where they are from like that will get them super powers in an argument!

@jason_mraz
Anyone coming to the Merriweather show tonight want to take our compost home to your worms?

@diablocody
I love exploring NY! Just ate at an awesome local place called Subway.

@JuddApatow
Lautner is gonna bang this girl and it has been an hour since three of his parents died!! You don't make out for at least two hours!



Jessica Simpson, pregnant?

In Touch Weekly is reporting that **Jessica Simpson** is pregnant. The

31-year-old singer recently attended the 32nd birthday party of her fiancé, **Eric Johnson**, where she sent back her glass of champagne for a birthday toast. Why? Because she's pregnant, of course! Why else? A source close to Jes-

sica and Eric tells In Touch the couple is expecting. "She's already having kooky cravings!" a friend shares, especially nacho chips dipped in chocolate —



"which satisfy her urge for salty and sweet" — cheese-flavored popcorn and non-alcoholic margaritas. "Jessica might have to take out her

dress a bit," says the source as their plans to marry in November have not changed. Excellent defense, Simpson! Now no one will dare say you did not lose enough weight before your wedding, if they think it's a baby bump.

Talking points

It pays to be Cowell's ex

When **Simon Cowell** breaks up with a girlfriend, he doesn't like them to leave empty-handed. Cowell claims that he pays his exes after they split so they can maintain the standard of living he's introduced them to, according to Hollyscoop. "You can't have somebody in your life who's



become accustomed to a certain thing and, just because you don't want to be in a relationship any more, say to them, 'No, everything is cut off,'" says Cowell, who is currently engaged to makeup artist **Mezghan Hussainy**. He didn't elaborate as to what sort of payments he's made to his exes, though.

Dunst battles depression

Kirsten Dunst, whose new movie, "Melancholia," is being called "beautifully depressing," is opening up about depression herself.

"I think that most human beings go through some sort of depression in their life. And if they don't, I think that's weird," she tells Flare magazine. "People are embarrassed to talk about it — I would never put anyone down that was in that kind of space." One area that isn't causing Dunst any sort of depression is her love life, and she says the secret is to not date a fellow actor. "I've dated someone for a pretty long time now who's not an actor, and it works better," says Dunst, who is currently dating Razorlight singer Johnny Borrell.

Teen death spurs Gaga

Outraged over the recent suicide of 14-year-old fan Jamey Rodemeyer, **Lady Gaga** took her anti-bullying crusade straight to President **Barack Obama**, according to ABC News. The pop star attended a \$35,800 per person fundraiser in Silicon Valley, Calif., to press the president on legislation that would make bullying a hate crime. Gaga reportedly used her chance to plead with "everyone in the room, including the president, to do what they can," a source says.



Stars in airports and other brief walkthroughs

1: Katherine Jackson appeared for the opening statements for the trial of Dr. Conrad Murray on Tuesday in Los Angeles. Dr. Murray is charged with involuntary manslaughter in the death of her son Michael Jackson, who died of an overdose of prescription drugs in June of 2009.



2: Actress Brooke Shields (center) attended a private burlesque performance at Nurse Bettie on Sunday in New York City.

3: British actor Rowan Atkinson waved to fans yesterday in Berlin. The actor was in the city to promote the German release of his James Bond parody's sequel, "Johnny English — Jetzt Erst Recht" ("Johnny English Reborn").

4: Seth Rogen, Anna Kendrick and Joseph Gordon-Levitt attended the after party for the premiere of their new film "50/50" at the Four Seasons Restaurant Monday night in New York City.

5: Elizabeth Hurley visited "FOX & Friends" at FOX Studios yesterday in New York City.

6: The paparazzi snapped Pippa Middleton on Tuesday in London.

7: Singer Keri Hilson arrived at Roissy airport yesterday in Paris.

1: FREDERICK M. BROWN/GETTY IMAGES
2: ASTRID STAMBAZZ/GETTY IMAGES FOR TINA TURNER
3: ADAM BEBBY/GETTY IMAGES
4: THEO WARD/GETTY IMAGES
5: ASTRID STAMBAZZ/GETTY IMAGES
6: SAVI/FILMMAGIC
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The sweet success of 'Top Chef: Just Desserts'

► Host Gail Simmons on the talented crop of this season's cheftestants
 ► Who's tonight's guest judge? ► Hint: Things'll be getting 'Intergalactic'

Canadian-born, NYC-trained gastronomic guru Gail Simmons is a master multitasker — in addition to being the Special Projects manager at "Food & Wine" magazine, she's also relishing her second year as the host of Bravo's "Top Chef: Just Desserts."

The spin-off of the hugely successful "Top Chef" pits cream-of-the-crop pastry chefs against each other for a chance at \$100,000 from KitchenAid, a spread in "Food & Wine" and a spot at the Annual Food & Wine Cayman Cookout. And this year, the kitchen competition is heating up.

Quoted

"I've seen such a major explosion in interest and savvy from our audience about food."

SIMMONS, ON THE "TOP CHEF: JUST DESSERTS" AUDIENCE

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READ THE EXTENDED
INTERVIEW ONLINE AT
WWW.METRO.US/TV

"The chefs on this season are really just the next level," Simmons says. "Last year we had a much broader range of people who worked with desserts — bakers, hotel chefs, restaurant chefs, cake-makers — and this year they're really all top pastry chefs, and the challenges we give them really, really test their skills."

Simmons was coy about spilling any juicy contestant gossip, but she did give us a taste of what's to come on tonight's episode.

"We have Ad-Rock [from the Beastie Boys]," she says. "We created a challenge all

around him, and I think it just blew us all away."

She credits the show's success not to just the contestants and guest judges, but also to the audience, who she notes has become quite knowledgeable in the five years since "Top Chef" premiered.

"I've seen such a major explosion in interest and savvy from our audience about food," she says. "I'm just always impressed season to season how much they learn and know and understand."



MEREDITH ENGEL
meredith.engel@metro.us



► Gail Simmons hosts "Top Chef: Just Desserts," airing Wednesdays at 10 p.m. on Bravo.



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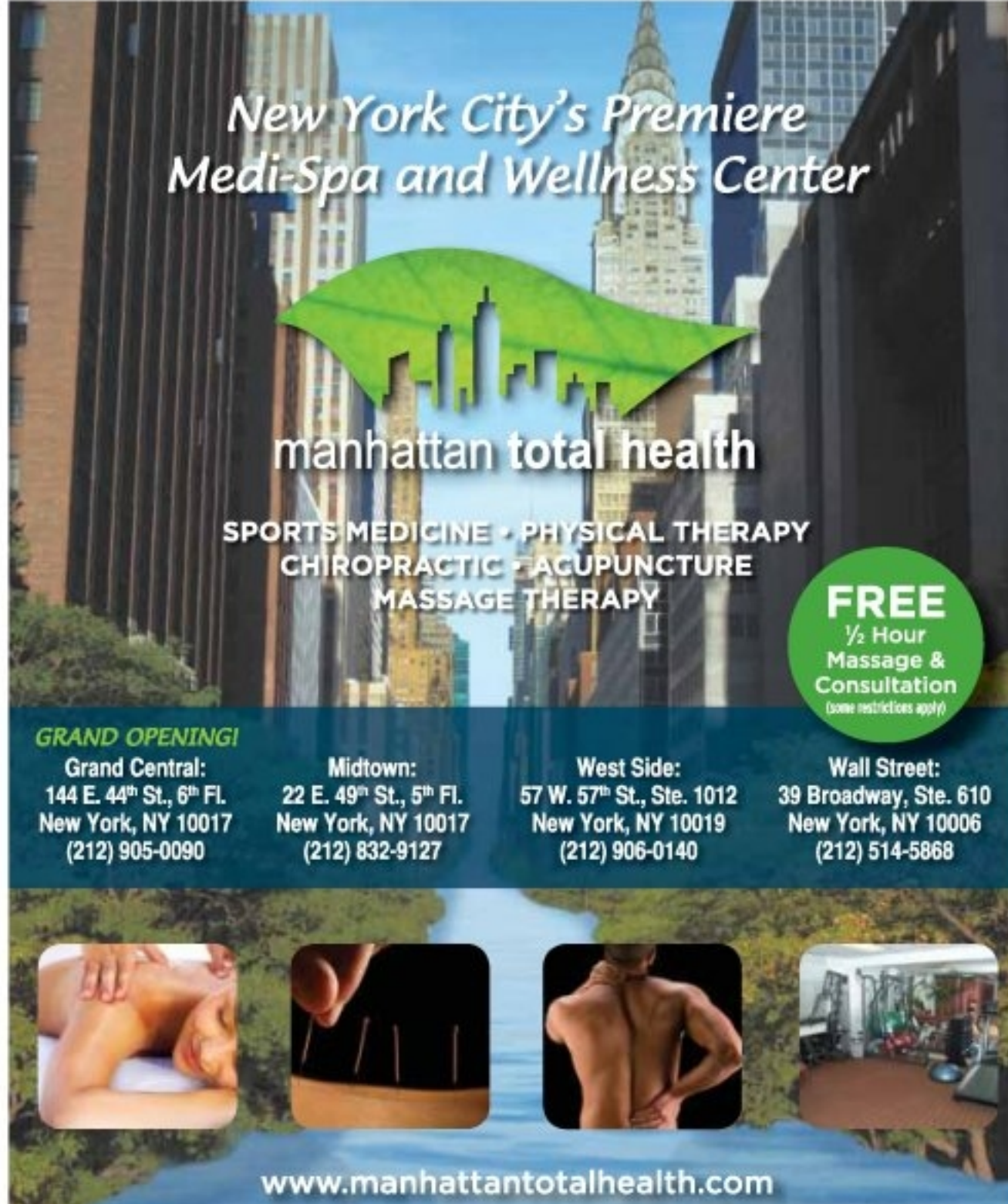
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A whale of a time for Mr. Freeman

► Why the veteran actor wanted to lend a hand to his latest film, 'Dolphin Tale' ► Who he'd like to work with

Morgan Freeman may be known for his commanding voice, but that voice doesn't always have such a serious tenor, as was the case during his chat with Metro about his newest movie, "Dolphin Tale." Freeman was upbeat, funny and playful during our conversation about his latest work, a family-friendly film about a boy and his bond with an injured dolphin.

"Dolphin Tale" tells the story of Sawyer Nelson and his friendship with Winter, a dolphin who loses her tail when she gets caught in a crab trap. Freeman plays Dr. Cameron McCarthy, a Veterans Hospital physician who is enlisted to create a prosthetic tail to rehabilitate Winter.

After so many dramatic roles — Red in "The Shawshank Redemption," Eddie in "Million Dollar Baby," just to scratch the surface — what drew Freeman to a children's film?

"Well, it's not a kids' movie — it's a dolphin movie," he says, adding that he's always been impressed by reports of the mammals' intelligence. "I am an appreciator of animals."



► What can we expect from one of Freeman's next projects, "The Dark Knight Rises"? "I'd tell you, but then I'd have to kill you," he told us.

"It's not a kids' movie — it's a dolphin movie."

FREEMAN, ON "DOLPHIN TALE"

Fact file

Fun facts about Freeman:

- He was a mechanic in the U.S. Air Force.
- He has his pilot's license.
- His first job was as a clerk typist.
- He is fluent in French.
- He's a member of the Phi Beta Sigma fraternity.
- He's left-handed.
- "Moulin Rouge" is one of his favorite films.

With a voice as iconic as his (although he's coy when we mention this) and chops that have led him to play everyone from Nelson Mandela to the president to God, is there any role he'd love to take on that he hasn't yet?

"Sure, a bunch," he says. "Those parts just haven't been written yet, so I don't know what they are!"

And he's got a list of actors he's still hoping to work with — among them, George Clooney, Sandra Bullock, Meryl Streep and Leonardo DiCaprio, he told us.

"Whoever is on your A-list is on mine, too," he says.

● MEREDITH ENGEL

What we're into

Ke\$ha watches

If you're over 15 and sober, Ke\$ha fandom isn't really the type of thing you wear on your sleeve. But your wrist? Why not. The popster's flashy new watches for Casio's Baby-G offshoot include a sporty red-white-and-blue design and one in her signature leopard print.

"I hope when people wear my watches they're



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reminded to express themselves always and never lose the animal inside themselves," she says in the press release. Obviously, they're water/whiskey resistant.

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TV watch list



► "Suburgatory" premieres tonight.

'Suburgatory'

COMEDY. A single dad (Jeremy Sisto) moves his teenage daughter (Jane Levy) from NYC to the suburbs with the best intentions — and very little knowledge of how to survive in the 'burbs. Series premiere,

WWW.METRO.US/TV
FOR MORE METRO
TV COVERAGE

8:30 p.m., ABC

'Modern Family'

COMEDY. There's a lot going on tonight, as usual, so let's just check in with Sofia Vergara: In tonight's episode, she's annoyed at Jay's bond with his dog, hence the super-cute promo where she's chewing up his slippers. 9 p.m., ABC • MONICA WEYMOUTH



► Don't mess with Brooks.

The producer as devil

► Comic actor Albert Brooks is not laughing in his latest, 'Drive' ► He plays a mobster opposite Ryan Gosling

He was pitiful in "Lost In America." He was cuddly in "Defending Your Life." But in "Drive," Albert Brooks' latest, he's fierce. Brooks plays Bernie Rose, a not-too-successful B-movie producer and a much more successful mobster considering going into business with Driver (Ryan Gosling) and his mechanic mentor (Bryan Cranston). The role has heads turning, including Oscar's.

"I don't know producers like Bernie," he says. "I

Quoted

"I always felt I could do an interesting villain."

BROOKS

know very rich producers who screw you without even getting out of bed because they have lawyers and they do nasty things, and I'm not going to name names."

"Drive" offers Brooks the opportunity to play

against type to chilling effect. It's something that, as an actor, he's been fighting for. "I always wanted to play a different part than the normal parts, and I always felt I could do an interesting villain," he explains. "I know that I have the ability, but you have to convince a movie studio to take out the Skarsgard and put you in. It's hard to do that."

But apparently "Drive" director Nicolas Winding Refn didn't need very much convincing. "He's saying that I was the person he always wanted. I don't believe him," Brooks says. "He told me that when he was a youngster he saw 'Lost In America' in the theater and he was scared when I yelled at my wife. So I thought that was funny."

Don't buy bad spaghetti

Albert Brooks is not a fan of DVD extras — and that's putting it mildly. "These DVDs become like garbage dumps," the veteran writer, director and actor says. "Other products don't do this. When I buy spaghetti, I get the pound of spaghetti. I don't get the extra half a pound where it curled up and didn't look good, you know? If it was good enough to show you, I would've put it in the movie."

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Proving herself

► Detective Jane Timoney has plenty of critics, particularly the men in her squad ► And then there's the hat controversy ► But star Maria Bello has nothing but love for her new NBC drama, 'Prime Suspect'

Make no mistake — NBC's "Prime Suspect" is not a remake of the classic British crime thriller starring Helen Mirren. Aside from the title, what it borrows from its overseas counterpart is a strong yet flawed central character determined to prove she's a damn good homicide detective, no matter what the men in her squad think of her. On the

eve of the big premiere, we caught up with star Maria Bello, who plays Detective Jane Timoney with an absorbing wit and attitude — thanks in part to her very own addition to the costume.

Does the title, "Prime Suspect," help create buzz or draw criticism from fans of the British series?

You know, we've been so lucky in a way. People have recognized immediately that it's a way different show. So then the comparisons stop.

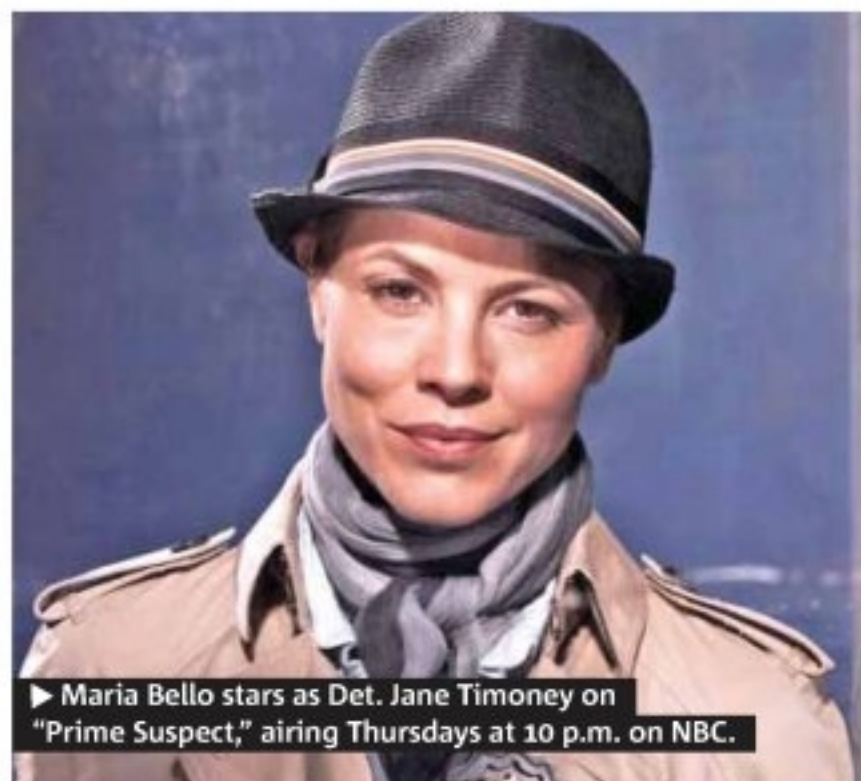
Can you talk about making Jane Timoney your own? Details like her scarves and the hat and smoking — how much input did you have in those little things that are so much a part of her?

I have to say the clothes. The brilliant Amy Stofsky, the costume designer, she and I had the exact same idea for the clothing, which is an updated Katharine Hepburn. You know, that kind of male-female look. At first [the producers] were like, "Well, uh, I don't know." But I really fought for it and said, "Listen — she has her own style. I

know great policewomen — as well as men — who have great style." It's not like every policewoman has to run around in a gray pantsuit and high heels and red lipstick.

How much does putting on that hat help in "becoming" Jane? The hat — my dearest friend Claire gave it to me a year ago. She took it off her head and put it on my head

or creative, which often happens in TV. I didn't want to not see my son; my friends who work on these kinds of shows sometimes work 14-15 hours a day. I met the producers and they said to me, "It won't be like that. We trust you to create this character how you see this character. And you'll never work more than 12 hours a day and you will have a life." And they've lived up to their promises, and it's just the most extraordinary job I've had.



► Maria Bello stars as Det. Jane Timoney on "Prime Suspect," airing Thursdays at 10 p.m. on NBC.

On taking the role

Did you have any apprehensions stepping into this role?

Before I took the job, I said no to it. I was scared of being put in some sort of a box and not being able to be collaborative

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► How Sam Childers went from drug addict to a man of God to the subject of a film starring Gerard Butler

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The opposition

Were you surprised by the resistance your work has met with?

You'll be surprised. There's a lot of people that [don't agree with me]. I had a reporter yesterday totally against guns, and I asked him, "Well, your mother is across the street, she's been raped by rebels. You have a gun right here. What would you do?" And he says, "I don't know, I have to think about it." I said, "You don't love your mother." Bottom line.

Where did the nickname come from?

It started inside of Sudan when I first got there. When I started building the orphanage in 2000, I slept on a grass mat, and a lot of the village people would see me with a machine gun on one side and a bible on the other side, so they started saying, "This man is a preacher! But he has a machine gun!" So they started calling me the Machine Gun Preacher.

Do you take issue with anything presented in the film?

There was a few things that I did not do in that movie. There's a few things that might have been amped up in the movie, like the action scenes, but there's enough good that I'm satisfied. The one part in the movie where it had me robbing a drug dealer and saying a bad word to him because he's a black man—I've never done that before. Have I robbed drug dealers? A lot of them. But I've never used that kind of language.

Did you have much say over what parts of your life ended up on screen?

No, not really. To be honest with you, they didn't use the most violent parts of my life. If they were going to really cover my life, they would've had to make a series. There's no way it could be done in one movie. And I hear there's even talk of doing some other stuff, too. Maybe they will. It's all in God's hands.



Sam Childers, left, and actor Gerard Butler arrive at the premiere of "Machine Gun Preacher."

GETTY IMAGES



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Q&A

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**QUESTIONS
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Spritz and seduce



The fragrance ranges in price from \$65-\$110 and will be available exclusively at Bloomingdale's until Oct. 15, when it hits Sephora.

More enlightenment

What makes you feel beautiful?

I do not feel beautiful at all. I think the most important thing is to accept who you are and just make the best of it, and I think confidence is probably the best secret for beauty.

Just days after New York Fashion Week, designer Diane von Furstenberg was at Bloomingdale's to launch her new perfume, DIANE. It's a fragrance that she felt compelled to create because, in her opinion, ladies today aren't yet using scents to their fullest potential.

"I felt like the new generation of women haven't understood the power of the fragrance, and that it has been used as weapon by women for centuries, since Cleopatra," she says. "People have made a lot of beautiful perfumes with a

lot of beautiful celebrities and nice bottles, but people have forgotten what a perfume is about. It is really about addiction and memory and all of these things, and I really wanted to do a perfume that has that strength and that power." Tell us more, Diane!

1 What inspired this scent?

I used two main inspirations, two flowers, two powers. The frangipani, it smells so wonderful and so clean — it's all about happiness. But then the second flower is completely different. It's strong, mysterious, naughty and totally seductive — that is the violet. The frangipani and

the violet are like the yin and the yang. So in this bottle I have put all my love, passion, wisdom, knowledge and all my secrets of seduction.

2 Speaking of wisdom, what makes you feel confident?

I think it is just the relationship I have with myself. I know that I

can trust myself. I know that I can pay my bills.

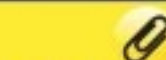
3 What's your style of scent? Are you a floral girl or do you prefer muskier scents?

It has to smell good; I know that sounds stupid and obvious but a lot of perfumes do not smell good. It has to be a scent

that you can actually swallow, not [one] that you get into a elevator and say, "Oh my God, please get out." Definitely floral but also with a touch of wood. I do not like fruity scents at all. And I don't like vanilla.

SALLY MORRIS
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Lipo by laser: Is it a good idea?

► Alternative procedures promise no pain and less recovery time ► But are they right for you?

Though they're not the most popular of all plastic surgeries performed (that would be breast augmentation, with 296,000 surgeries done in 2010), liposuction procedures have increased two percent from 2009, to 203,000 procedures performed in 2010. For those considering the surgery, there are some new alternatives to going under the knife — like Zerona, a non-invasive laser alternative that was approved by the FDA last year. Zerona uses local anesthesia, which is thought to be safer than general anesthesia (used in

"The process involves drinking a gallon of water, cardio, no alcohol and a low-fat diet. It's the lifestyle change that gives the reduction."

DR. MITCHELL CHASIN, ON THE ZERONA LIPOSUCTION METHOD

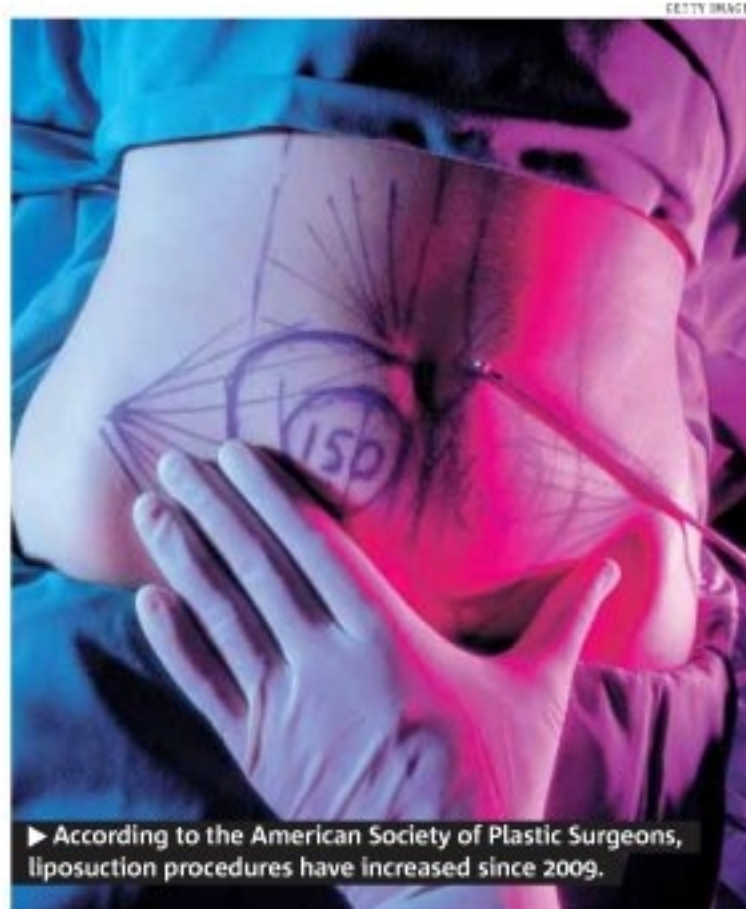
traditional lipo) and causes and less tissue damage.

"Patients can go back to work straight after — there's no downtime. You don't feel anything," says Kathy Bettencourt, RN,

MSN, who uses Zerona at the Beach Plum Spas on Cape Cod and in Plymouth, Mass. The Zerona laser liquifies the fat and drains it via a small puncture in the cell, which heals within 72 hours. Then, the fat is disposed of naturally through the lymphatic system.

But not everyone is as enthusiastic about Zerona.

"If it sounds too good to be true, it is," says Dr. Mitchell Chasin, founder and medical director of New Jersey's Reflections Center for Skin and Body. "Zerona takes away general anesthesia, but that's the only good thing about it.



► According to the American Society of Plastic Surgeons, liposuction procedures have increased since 2009.

Other options

If you're considering plastic surgery, other alternatives to traditional liposuction include Vaser, which uses ultrasound technology; lasers such as SlimLipo and SmartLipo; and Zeltique, a so-called "cool sculpting" laser method. But only fully trained professionals should do any procedure. For plastic surgeries, make sure the surgeon is board-certified and check for any malpractice suits (which can be easily found on medical board websites).

We found the machines were ineffective. The process involves drinking a gallon of water, cardio, no alcohol and a low-fat diet. It's the lifestyle change

that gives the reduction." Not so, says Bettencourt: "I tried it myself and lost several inches. I incorporated the diet program afterward and the weight has

stayed off. I would never go back to using lipo. This is less aggressive."

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Today in medicine

Hair loss in women

Study subjects: 84 female identical twins
Location of study: U.S.
Results: Divorced or widowed women have a higher risk for hair loss than their married or single counterparts, reports USA Today. The study used identical twins in order to eliminate genetic differences as possible explanations.
Significance: Stress has long been thought of as a major cause of hair loss, especially in women. The research found that excessive drinking and smoking may also contribute.

Bedbug panic

Study subjects: Ill adults in seven states
Location of study: U.S.
Results: The New York Times reports that some people are



► These can be just as bad as the bedbugs themselves.

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improperly using bedbug-fighting chemicals in an effort to eliminate them, which may be more harmful than an actual bedbug bite.
Significance: The chemicals used against perceived insect threats can be hazardous to

health and even fatal.

Alcohol boosts women's health in old age

Study subjects: 14,000 women
Location of study: U.S.
Results: US News reports that "women who had one drink a day about five times a week were up to 50 percent less likely to develop a disease than those who didn't."

Significance: The researchers began studying their subjects when they were mostly in their 50s and found that at age 70, those who reported "moderate alcohol consumption" were in better overall health.

Films' influence on teen smoking

Study subjects: Adolescents
Location of study: U.K.
Results: Teenagers who regularly watch films showing actors smoking are more likely to begin smoking themselves, says BBC News.
Significance: Mainstream movies that depict smoking, like "Spider-Man" and "The Matrix" were used in the research. Teenagers who viewed the most films with smoking were 73 percent more likely to have tried a cigarette than those who viewed the least, and they were also 50 percent more likely to still be smoking today.

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The lazy one

Stereotype: Exercise? Say again? And forget planning ahead — it's too much effort. "What a lazy person most needs is a friend to work out with, as generally they have no desire to push themselves into working out," explains Dalton Wong, weight loss expert at the U.K.'s Bodyism Clinic. "The best is for them to join a class with a dynamic vibe and common goal."



That adds pressure and they are more likely to participate."

When it comes to food, a lazy person should plan ahead. "Set aside one afternoon to prepare meals for the next few days," says Wong. "At the supermarket, pick up everything at once. And go for the easy options such as pre-cut vegetables and fruit, pre-cooked rice [and] yogurt."

"With someone who's lazy, it can go one of two

ways," says nutritionist Carrie Wiatt, who has designed meal plans for Jennifer Aniston and Fergie of the Black Eyed Peas. "They can either over- or under-eat. Their laziness could cause them to reach out for ready-made processed foods, often full of additives, salt and sugar," she says. To control this unsteady pattern, they should eat a controlled portion every three to four hours.

The singleton

Stereotype: Dinners in front of the TV and weekends drinking with your friends.

"The one thing about working out when you're single is to do something that you love and don't consider a chore," says Wong. "Do what you want, just make sure you're passionate for what you do." And while you shouldn't just eat whatever you want, it's a great time to try out different foods you may not have much experience with, like kale or bulgur.



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The athlete

Stereotype: You tackle a 5-mile run in the morning and spin class after work. "What an athlete needs most is rest," says Wong. When someone is always 'go, go, go!' they can end up injured and unable to exercise. "Exercise addicts need self-imposed 'time out' from their routine where they should do little more than stretch to allow



their body to recover," he suggests. "For every intense week of training, in three or four weeks they should be taking one week off." For diet, Wong suggests eating plenty of 'living' foods, especially green vegetables and lean proteins.

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The stay-home parent

Stereotype: You have a screaming baby to deal with and no time for a two-hour gym session.

"Parents focus on their children 100 percent," says Wiatt. "They spend so much time cooking meals for others that they don't eat properly themselves and lack the energy to get through a hectic day," she adds. Wong explains that young parents need to be very conscious of what they eat. "The key is to avoid picking and have set meals, as parents tend to erratically graze at food throughout the day — which in the long-term leads to an excess in calories and weight gain." He also advises that you exercise with your kids as much as possible, whether it's running or rolling around, or holding them in your arms as you walk up the stairs. "Learn



to work out in short bursts whenever you can," he says. "Doing housework and running errands burns calories. Do some squats or lunges when the baby is having a

nap, or put on an exercise DVD. Anything is better than nothing."



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METRO WORLD NEWS IN LONDON

The workaholic

Stereotype: You have your local takeout place on speed dial and sleep with your BlackBerry under your pillow. "Our bodies are designed to move, even if this is a two-minute walk to the water cooler every hour or taking the stairs instead of the elevator," says Wong. "We need an



absolute minimum of 15 to 20 minutes a day where we keep moving if we want to keep the weight off." He also suggests regular meals, as workaholics often forget to eat during the day and then have three meals in one at night. "If your body functions well, you will have more energy and be more productive at work," he says.

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CHRIS MCDAVID, VIA E-MAIL

Strong goal: Vote them out

Your story about the anti-Wall Street group never explains what they're actually trying to achieve. It should be simple: Register to vote, and stop voting for Republicans!

RICHARD FEINBERG, VIA E-MAIL

Doubt cast on Davis death?

RE: "WRONGFUL DEATH, NOTHING NEW?": I guess when a black man is committed of a crime, whether he's innocent or not doesn't matter. You cast doubt of Troy Davis'

innocence, even with the new evidence and the witnesses who say they were told to commit perjury under oath?

RANDALL EPHRAIM, VIA E-MAIL

Can't afford to 'wait and see'

I'm frustrated that the international media keeps ignoring the ongoing atrocities happening in Southeast Asia. As numerous reports make clear, Burma continues to be ruled by one of the world's most brutal military regimes. The U.S. government and the international community must make

Burma a priority and no longer just "wait and see" if the regime will change.

JAN-PAUL ALON, CHERRY HILL N.J.

Oldie not really that goodie

RE: "CONTRACEPTION CELEBRATION: A HISTORY OF SEX": The "oldie but goodie" contraceptive method of coitus interruptus (withdrawal or pull-out) is actually not as effective as your article suggests. According to Planned Parenthood, 4 of every 100 women whose partners use this method will become pregnant each year if they always do it correctly, while 27 of every 100 women whose partner uses this method will become pregnant each year if they don't always do it correctly.

JULIE CHIPMAN, VIA E-MAIL

Horoscope

♎ Libra Sept. 23-Oct. 23. Not only will companions appreciate your charisma, they will equally welcome your leadership qualities as well. No one will challenge the example you set or mess with your directives.

♏ Scorpio Oct. 24-Nov. 22. Friends know that when you are told something in confidence no one will pry it from you. Don't let them down.

♐ Sagittarius Nov. 23-Dec. 21. When involved in a group activity, be sure to make the rounds instead of singling out one person for special attention. Converse equally with all and everything will go smoothly.

♑ Capricorn Dec. 22-Jan. 19. Capricorns can sometimes be extremely single-minded and standoffish or extremely outgoing when necessity demands. This could be one of those days when you'll have to choose.

♒ Aquarius Jan. 20-Feb. 19. If at all possible, seek endeavors that will enable you to utilize your imagination and creativity. It will encourage you to come up with some ideas.

♓ Pisces Feb. 20-March 20. It might look to others that you're likely to take things at face value, but actually you won't be easily deceived. Slick salespersons or con artists won't find you to be an easy mark at all.

♈ Aries March 21-April 19. There is no excuse for ducking an important decision just because it's tricky. If you don't have the courage to render a judgment call, you never will.

♉ Taurus April 20-May 20. It's important to realize that details can be just as important as major factors when rendering a decision. Remember that each small part is essential to the making of the whole.

♊ Gemini May 21-June 20. You'll get far more out of being with companions who are young in spirit than you will spending time with somber fellows. The youthful in mind will help you feel young at heart.

♋ Cancer June 21-July 22. It is so wonderful of you to be protective and cherishing of those you love, but be careful not to carry this too far. You must take care to leave your dear ones some breathing space.

♌ Leo July 23-Aug. 22. Your natural ability to read the character of others is exceptionally pronounced. However, a word of caution: Keep your critical evaluations to yourself.

♍ Virgo Aug. 23-Sept. 22. One of your better virtues is your willingness to teach and share your knowledge with others. You could have some real gems of information that'll save people money. Don't hold back. BERNICE BEDE OSOL

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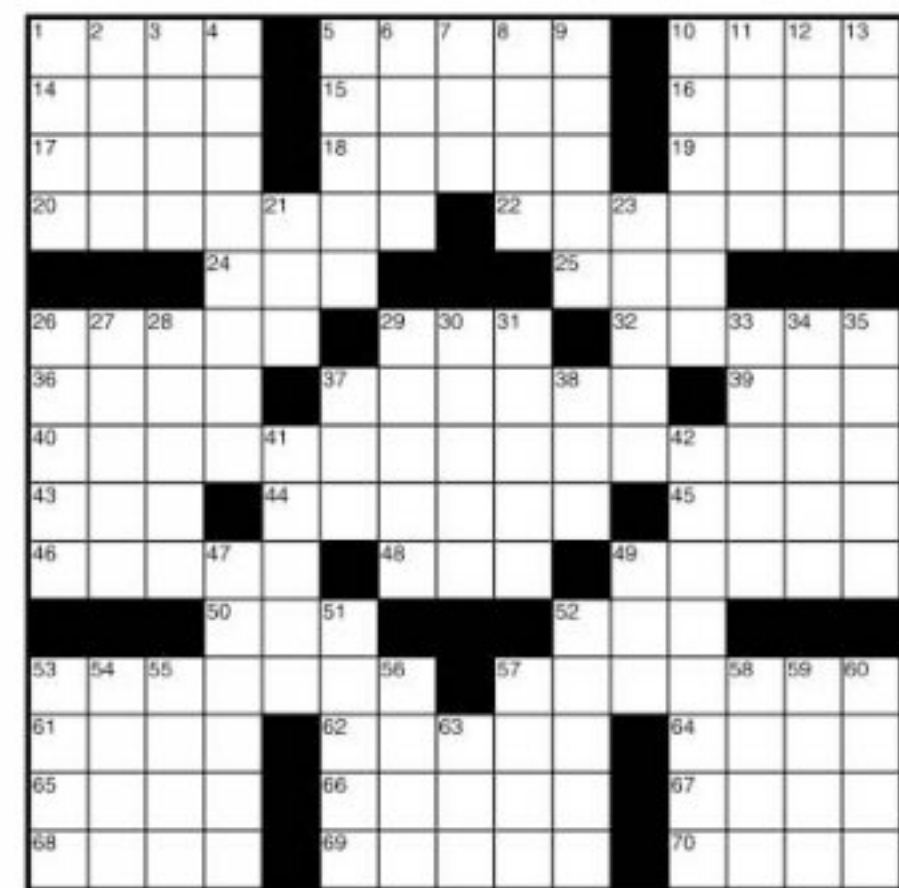


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Across

- 1 Powder base
5 Certain wolf
10 Fix potatoes
14 Yikes! (hyph.)
15 Lettuce, so to speak
16 Dog-food brand
17 ___ Hari
18 Monastery
19 Four quarters
20 Cook in a wok (hyph.)
22 Eggbeaters
24 Refrain syllables
25 Firearms lobby
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36 Cookie man
37 Handled roughly
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40 Study of butterflies
43 "Nature" channel
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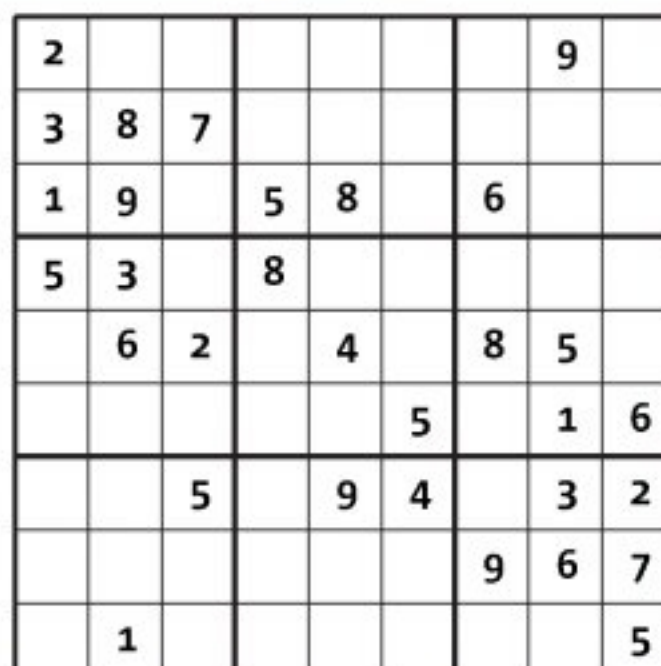
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33 Popped up
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35 Sphinx locale
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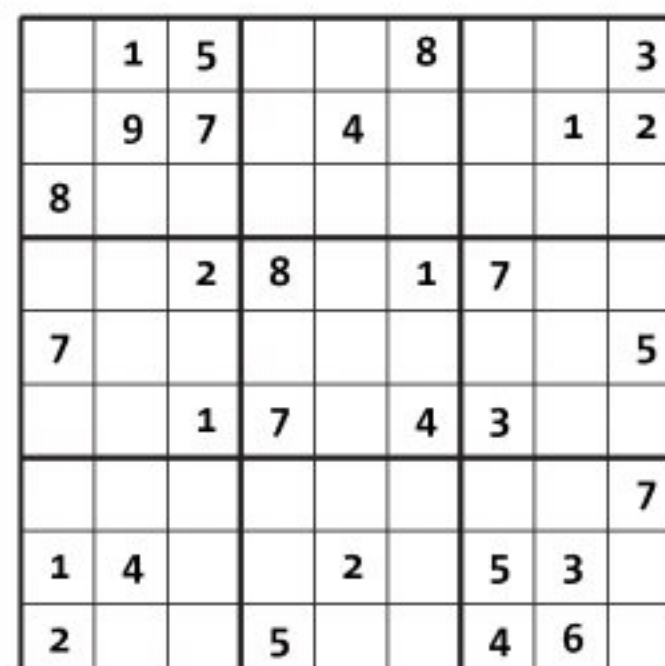


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Solution to yesterday's crossword



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► Mark Sanchez was sacked four times, including this one by Jarvis Moss, as the Jets were dominated physically.

MANHANDLED

► Supposedly physical Jets outmuscled in Oakland ► Raiders coach: We wanted to 'bully' them ► Now, can they turn it back on against Baltimore

The Jets lost more than just a game on Sunday — they lost their identity.

Sunday afternoon's 34-24 loss in Oakland was an embarrassment for the Jets, getting physically thrown around like a rag doll. There were no answers from the defense on how to stop Darren McFadden, who ran for 171 yards and two touchdowns, and the offense was clueless in protecting Mark Sanchez, who was the victim of four

sacks and countless more hurries, harries and hits.

And with a game in Baltimore against the 3-0 Ravens looming, the Jets need to get back to their identity fast.

"We are a physical team. That's what we go by.

That's our identity," cornerback Darrelle Revis said. "We know this upcoming game is going to be very physical and tough. We know the Ravens are going to bring it, and we're going

Broadway Joe

Rex Ryan wasn't happy talking about Joe Namath's comments about the Jets being 'unprepared.'

"I'm not gonna change who I am because Joe Namath said something," Ryan said. "He doesn't know our team."

to prepare hard this week." After the game, head coach Hue Jackson said his

Raiders wanted to "bully" the Jets. The Jets' performance, especially after billing themselves as a team that thrives on physicality, was disappointing.

"They turned it up a little bit, a little bit more power rush, a little bit more movement," guard Brandon Moore said. "We just have to do a better job, but there was nothing they did exotic."

KRISTIAN DYER
sports@metro.us

Taylor calls out Sanchez

Count Dolphin and former Jet (barely) Jason Taylor firmly in the camp of Chad Henne.

And he didn't mince words when talking about Jets QB Mark Sanchez.

"I saw a kid in New York, Mark Sanchez, that is young," he told Miami's NBC radio affiliate. "I don't think he's as talented as Chad Henne."

Henne's career record is 13-17. **METRO**



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WHO'S JESSIE JAMES? ... AND WHO CARES?

Opinion

**JASON
McINTYRE**

SPORTS@METRO.US



The NFL season is only three weeks old and there's already some news on the athlete-female front.

Chicago Bears quarterback Jay Cutler, who was engaged to actress Kristin Cavallari for 12 seconds this summer before getting cold feet in July, is supposedly dating her again. Did Cutler see Cavallari on "Dancing with the Stars" and realize what he's missing? The Bears started 1-2, but I expect them to be eliminated from playoff contention before Cavallari is eliminated from the show.

In news involving two significantly less famous



Well hello,
Ms. Jessie James

Quoted
"Guillen is leaving the White Sox for one reason: money."

Reggie Bush, earlier this year. On Twitter — where Decker and James are extremely gushy — the singer denied dating or hooking up with Bush.

Decker's already had a better season in 2011 than his rookie year, but before you attribute it to the presence of James, remember, Matt Kemp of the Dodgers had a poor 2010 season (while dating Rihanna) and in 2011 he's within striking distance of the Triple Crown (no Rihanna). Meaning once again, you can't draw hard and fast conclusions about ath-

letes who are dating celebrities.

I'm on a boat!

Candor in sports is always appreciated. It's becoming more and more rare though. With the reach of the Internet, anything athletes or coaches say goes viral in minutes. It seems as if most athletes would rather communicate directly with fans via social media and cut the middle man (the media) out.

Which is why we should appreciate Ozzie Guillen — the new manager of the Miami Marlins (they're moving and getting a new name this offseason). Guillen is leaving the White Sox for the Marlins for one reason: money.

Here's what Guillen had to say about money versus championship rings:

"With the rings, I can't do [anything] with that. But with money, I can go buy me a new boat, I can go buy me a new car ... I can go to Spain. With the ring, I can go to United Airlines and say, 'Hello, I won the 2005 championship. Can you fly me to Spain?' Hell, no."

— Jason Raj McIntyre covers athletes off the field and runs the popular blog, *The Big Lead*.

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Ozzie heading south

Always-outspoken manager Ozzie Guillen finally talked his way out of Chicago.

The White Sox announced yesterday they would not be retaining Guillen, whose contract

was to expire at the end of this season, and released him immediately.

The White Sox have only two games left. Alex Cora, Guillen's bench coach, was apparently fired by text message yesterday, so pitching coach Don Cooper will manage those two games.

Guillen immediately flew to Miami and is expected to be named the new coach of the Marlins as soon as today.

Guillen won the 2005 World Series with the White Sox. **METRO**



► Guillen

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► Wayne Simmonds, left, and Sean Avery are generating talk about tolerance in sports after a heated exchange Monday night.

No fine for gay slur

Wayne Simmonds said he was protecting a star player.

Simmonds, who was caught by TV cameras yelling the gay slur "f—ing f—t" at Ranger Sean Avery during Monday's exhibition game, met with Colin Campbell in the NHL office

yesterday.

The matter was reviewed and no fine or suspension will be levied against Simmonds.

The Gay & Lesbian Alliance Against Defamation had specifically asked the NHL and Flyers to take action. **METRO**

Point counterpoint

Tale of two slurs: Is it worse to attack someone's sexuality or race?

Wayne Simmonds is no stranger to controversy right now.

Last week, an ignorant fan in Ontario threw a banana on the ice as Simmonds was

taking a shot in an overtime shootout. Now, he is being accused of yelling a homophobic slur at Sean Avery.

The NHL took no immediate action to seek out or find the racist fan, but it thoroughly investigated the most recent incident.

Which begs two questions: Why fine one and not the other? And is it possible that one slur is worse than another one?

MIKE THOMPSON

ACTING DIRECTOR OF GAY & LESBIAN ALLIANCE AGAINST DEFAMATION (GLAAD)

He says:

"Hate speech and anti-gay slurs have no place on the ice rink. The word that Simmonds used is the same word that is hurled at LGBT youth on the playground and in our schools, creating a climate of intolerance and hostility. He should not only apologize for this anti-gay outburst, but the Philadelphia Flyers and the NHL have a responsibility to take action and



educate their fans about why this word is unacceptable."

DIOP OLUGBALA

INDEPENDENT MAYORAL CANDIDATE AND PRESIDENT OF THE PEOPLE'S DEMOCRATIC UHURU MOVEMENT IN PHILADELPHIA

He says:

"I don't think either party who hurled slurs at one another was justified in doing so. My particular view is they were both wrong. I think discrimination and oppression is discrimination and oppression, regardless of whoever is targeted by it. But I do think there needs to be some recognition of the differences. I think one thing we're looking at is a considerable amount of progress made the way for rights for gays, women and even workers, but we have not seen any



progress in terms of transforming the condition or relationships blacks have with this government and social system."

77

Penalty minutes the Flyers and Rangers combined for in Monday night's controversial game.

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Metro's NFL Power Rankings | by Mike Greger and Mark Osborne

2

SAINTS (2-1).
Defense? Who needs defense?

The Saints are averaging 35 points per game. There aren't going to be many teams in the league that can outscore New Orleans. Only concern? Their first three games were at home; next three on the road.

3

CHARGERS (2-1).

Ryan Mathews has arrived and Norv Turner is winning close games — in September. Through three games Mathews has 207 yards and three touchdowns. They won ugly at Kansas City, but that happens in the NFL.

4

BILLS (3-0).

You don't want to get in a track meet with the league's top offense. (Yes, Buffalo is the league's top offense.) Not even if your name is Tom Brady. Not sure they're for real, but they are certainly much improved.

5

PATRIOTS (2-1).

They lost to the Bills. Seriously. I know, we're having a hard time believing it too. If Tom Brady throws four picks in another game, the cops will have no problem handing Gisele Bundchen a ticket.

6

JETS (2-1).
Gang Green simply got out-bul-

lied in a very uncharacteristic loss out in Oakland. They couldn't run the ball at all and they got Darren McFadden shoved down their throats. We'll pin it on the cross-country trip.

7

LIONS (3-0).

The hot, young team in the NFL. Everyone is jumping on the bandwagon. We, well, sort of are. Let's say we have one foot on. Matt Stafford is the NFC version of Ryan Fitzpatrick. (Yes, that is very much a compliment.)

8

RAVENS (2-1).

Baltimore put up thirty-seven points (553 yards) on the road against St. Louis. Ray Rice and Anquan Boldin you know, but Torrey Smith broke out big time. It's not just about defense anymore in the Charm City.

9

STEELERS (2-1).

Pittsburgh had another ugly win this week over a maligned Indianapolis team. But that is Steelers football in 2011. Ben Roethlisberger was fine and Mike Wallace looked dynamic. They just need a running game.

1

PACKERS (3-0 RECORD).

Aaron Rodgers says the Pack isn't quite clicking. Bear in mind Green Bay is outscoring opponents by 25 points and have won games on the road at Carolina and Chicago. Oh, right, and did we mention they handled their fellow NFC Conference semifinalist Saints by 10 in the season opener? We'd hate to see them actually clicking. They can call us when they are — maybe they can hold down the top two spots.



10

TEXANS (2-1).

It's tough when you score 33 points on the road and you lose. But losing to Saints is nothing to hang your head about. They've had an easy schedule thus far. We'll see how good they really are against Pittsburgh this week.

11

BUCS (2-1).

The young Bucs are proving they didn't need to spend the big bucks this offseason. Josh Freeman is back to his late-game heroics and they already earned a key victory over Atlanta last week. The Saints are two weeks away.

12

COWBOYS (2-1).

Tony Romo answered all his critics pulling out a victory over Washington on Monday night. Felix Jones looked great. The defense, especially Sean Lee, was solid. And his supporting cast will only get healthier. It could be a good year in Big D.

13

REDSKINS (2-1).

They are one legit playmaker away from being serious contenders. Yes, we know Rex Grossman is their quarterback, but he's actually not too bad if you put weapons around him. Tim Hightower has been great also.

14

GIANTS (2-1).

They were somehow unimpressive in an impressive win, but they definitely can't be ignored now. We know their defensive line can be a game-changer, but if Victor Cruz can step up like last week, they'll be in the mix.

15

FALCONS (1-2).

All aboard. These Dirty Birds are a roller-coaster ride. They are destroyed by the Bears. They score 35 on the Eagles. Then, right back down, as they look sloppy against the Bucs. Do they rebound against Seattle?

16

EAGLES (1-2).

Something tells me the dream was not to go 1-2 out of the gate. They have some problems, but this team should still rebound. LeSean McCoy has been a stud, but Mike Vick can't last the season no matter what the refs call — or don't call.

17

BEARS (1-2).

Think Mike Vick has had it bad? Jay Cutler is on pace for 75 sacks. And he hasn't been holding the ball too long. The Packers defenders often came unblocked around the edge with nothing for Cutler to do but drop.

18

RAIDERS (2-1).

Darren McFadden torched the NFL's toughest defense. He might just be league's best back. Denarius Moore has been spectacular as well. Now let's see what they can do against New England this week.

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101 JAMAICA 2 FAMILY DET 6 1/2, 3 kitchens, 3 baths, finished basement, private driveway. Only \$26K SP \$2000 OC. Call Agent: 718-740-3400

1195T ALBANY AAA CONDITION 2 fam det, 6 1/2, 3 baths, 3 kids, full fin basement, put driveway, \$1900 no pynt. \$2900 DP OC Agt Ethna 917-577-9382

220 51 & 108 Ave. ★★ Queens Village Maint 1 fam det, 40x125, 4 bns, 2 1/2 baths, put driveway, gar. Must see. Won't last! \$38K. Owner 347-341-2804

★ 225 St. LAURELTON ESTATE ★ Det, 60 x 100 lot, 2 car gar, 4BR, 1.5 baths, 40 minutes to City, \$3000 OC. Call Owner RP: 516-603-6442

HOLLIS RENOV, DET 2 FAM 4 BR DUPLEX 1/2 BR, FIN BSMT, 40X100, 2 CAR GAR, CUSTOM KIT, PARQUET FLS, 3 BTHS. OWNER 718-510-2277

LAURELTON 130th Ave - 1 family, Bank Foreclosure 4BR, Cape, 3 bths, big bldg, put driveway, full bsmt. \$165K only credit. Owner 718-735-3625

Homes

Springfield Gardens Great Deal! 1 fam det, 4brs, 2 bths, fin bsmt, put driveway. Only \$169K. \$2000 DP/OC. Call Agent Nigus 917-865-5895

St Albans Bank Owned Overd 2 fam 6brs 3 kids 4bths huge fin bsmt, put driveway, \$1850/mo mtg, \$2000dp OC Agt Nadine 347-543-2995

St Albans Best Deal! 1 Fam Det 4brs, 2 full bths, fin bsmt, put dr, OC \$1518 mo. mtg, \$2000 DP, OC Call Agt Claude 718-514-0094

E. Stroudsburg, PA Lease Purchase Brand New 3bed 2.5 bath 2gar garage \$187,800. Best Commute from Poconos! Call owner 330-424-6870

Real Estate/Rent

Apartments

Jersey City 2 Bed. 343 Ocean Ave. \$950 includes heat nr. transp., school, shopping. Sec 8. Call owner 718-581-4997

★★★ CITY ISLAND ★★★ 3 Br apt for rent, 2ba, hndvd flrs, lots of closets, put hse, credit chk, income verified. Owner 917-332-8883

EASTCHESTER DYER AVE AREA Beautiful Large 3 BR Apt. No Pets No Smoking. \$1750/mo - 1 mo sec. Refs/Crd ch. Owner 718-994-1388

NE BRONX 729 ADEE AVE Newly Renov 2 BR Apt, Nr Transp, OC TV Soc, Credit & Refs Ch. \$1425/mo. Owner 914-643-2141 9a-8pm

CANARSIE ★ E NY ★ Old Mill Basin ★ Sheepshead Bay ★ 1, 2 & 3 BR. Apts \$1150 - \$1700. Credit & Refs Ch. JOHNSON REALTY 718-209-7025

CROWN HEIGHTS - 2BR apt in 2 fam hse, \$1450/mo. LR & DR, hndvd flrs, hi ceilings, large kit, near 2,3,4,5 trains. Owner: 347-880-3838

EAST FLATBUSH - OPEN HOUSE: Sat & Sun, 3-6pm, 1674 Bklyn Ave. (Av H & Glenwood) 1BR, LR, EIK, \$1150/mo - utility. No fee Nr all. By Owner.

FAIR ROCKAWAY - 2BR, LR, DR, KIT, Near All, \$1000/mo, 1mo Rent, 1mo Security Pay Own Utilities. No Fee! Call OWNER, 516-972-7672

COLLEGE POINT: Renovated 2BR, LR, KIT, Dining area. New wall to wall carpet, \$1200/mo, 1mo rent - sec. ref req'd. Call owner 917-385-9147

JAMAICA - 1 BR, 2nd Flr, hndvd flrs, full bth, vls incl, \$1200/mo 1 mo rent 1mo sec. Credit/refs chkd. Call Owner 646-773-4364

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Miscellaneous

Miscellaneous

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★ ★ AUTO MECHANIC ★ Must have Driv & NYS Inspectors Lic. 5 yrs exp. Own Tools. Bklyn & Qns loc. Call Nick 718-991-1550

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NOTICE OF FORMATION of Ajax Consulting LLC.

Art. Of Org. filed with Secy. Of State of NY (SSNY) on August 24, 2011. Office location: Westchester County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Neil D. Ash, 122 East 42nd Street, Suite 1507, New York, NY 10168. Purpose: Any lawful activity.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW

that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, October 12, 2011 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from Arts LLC to establish, to maintain, and operate an unenclosed sidewalk cafe at 88 University Place in the Borough of Manhattan for a term of two years.

REQUESTS FOR COPIES OF THE PROPOSED RECEIVABLE CONSENT AGREEMENT MUST BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: PUBLIC OFFICER, 42 BROADWAY, NEW YORK, NY 10004

NOTICE IS HEREBY GIVEN that a license, serial #1256772, for liquor, wine & beer has been applied for by the undersigned to sell liquor, wine & beer at retail in a restaurant under the alcoholic beverage control law at 1304 40th Street, Brooklyn, NY 11218. Kings County, for on-premise consumption. SBS 1310 Corp. d/b/a Bistro 1310.

NOTICE IS HEREBY GIVEN that a license, serial #1256773, for wine & beer has been applied for by the undersigned to sell wine & beer at retail in a restaurant under the alcoholic beverage control law at 739 Grand Street, Brooklyn, NY 11211. Kings County, for on-premise consumption. Mozak Inc. d/b/a Mahzen.

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NOTICE OF FORMATION of Mactas & Alper LLC.

Art. Of Org. filed with Secy. Of State of NY (SSNY) on August 24, 2011. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 292 Madison Avenue, 7th Floor New York, NY 10017. Purpose: Any lawful activity.

NOTICE OF FORMATION of PLG SERVICES LLC

Arts of Org. filed with Secy. of State of NY (SSNY) on 06/14/2011 Office location: Bronx County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: LLC c/o 321 E. 178th Street, #2b, Bronx, NY 10457 Purpose: Any lawful activity

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PRICIEST **\$19.5M**

25 Bond St.

The most expensive property is a five-bedroom condo at 25 Bond St. This 7,300-plus-square-foot property, which was rented by Will Smith during the filming of *Men in Black III*, is listed by Sotheby's for \$19.5M.

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					1-3 Persons	4+ More Persons
1 BR	1-2	3 (No Dining)	\$630.06 - \$713.87	\$7,200	\$44,814 - \$65,506	N/A
1 BR	1-2	3.5 (w/ Dining)	\$701.36 - \$930.44	\$8,400	\$55,559 - \$84,623	N/A
1 BR	1-2	4 (w/ Terrace)	\$827.45 - \$1,030.78	\$9,600	\$58,968 - \$93,975	N/A
2 BR	2-4	4.5 (No Terrace)	\$946.61 - \$1,073.00	\$10,800	\$67,319 - \$96,180***	\$76,936 - \$109,920***
2 BR	2-4	5 (w/ Terrace)	\$875.48 - \$1,129.18	\$12,000	\$67,998 - \$104,090***	\$77,712 - \$118,960***

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*** Based on the total household income for the prior calendar year, less \$1,000 for each personal and dependent exemption, and less \$20,000 (or actual earnings if less) for each secondary wage earner. Households of three persons or more whose income does not exceed 125% of the maximum income listed shall also be eligible for admission and shall pay a carrying charge surcharge. Household income must be within the allowable income limit at time of application and at time of apartment availability.

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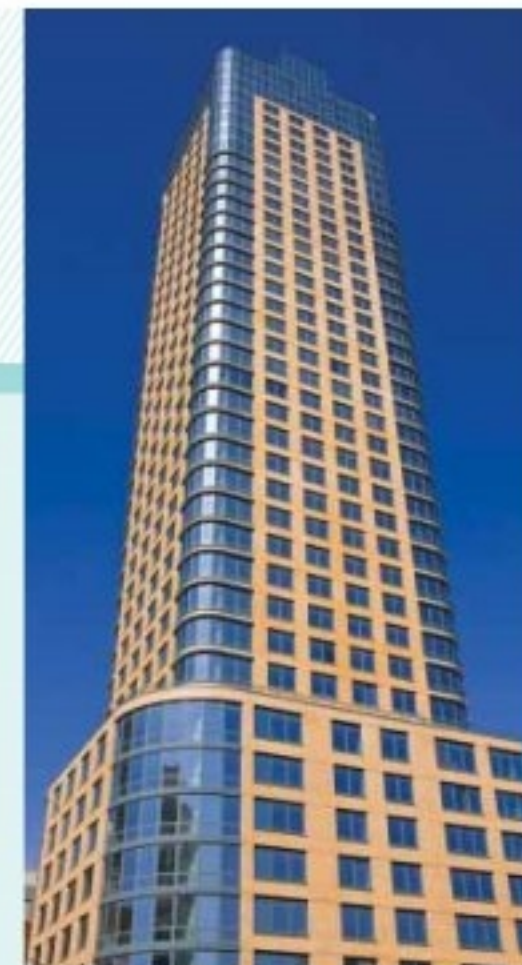
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Three years after Lehman collapse, Manhattan and Brooklyn rents on the rise

This month marks the three-year anniversary of the Lehman Brother's collapse, according to September monthly rental reports for Manhattan and Brooklyn that were released yesterday by MNS. Rents in neighborhoods such as Tribeca, SoHo and Greenwich Village have fared best during the recovery, mostly maintaining their values and increasing by around 13 percent from 2008.

As for month-over-month increases, the report indicates a small degree of positive growth.

"As predicted, this September brought nominal growth in average rental prices compared to August, but the rental market in both Manhattan and Brook-

Average rentals

Non-doorman buildings:

STUDIOS

Most expensive:

Tribeca \$4,150

Least expensive:

Harlem \$1,460

ONE BEDROOMS

Most expensive:

Tribeca \$4,735

Least expensive:

Harlem \$1,763

TWO BEDROOMS

Most expensive:

Tribeca \$7,811

Least expensive:

Harlem \$2,181

SOURCE: MNS

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lyn continues to be strong," says Andrew Barrocas, CEO of MNS.

Rents increased 1.3 percent for Manhattan one-bedrooms on a month-over-month basis and 1.6 percent for two-bedrooms, but they decreased by 2.7 percent for studios. Prices are up in Manhattan 0.8 percent overall compared to August, with 0.2 percent in non-doorman units and a slight decrease of 0.04 percent in doorman properties.

The average rent for a non-doorman studio in Tribeca, the most expensive area for this category, was \$4,150; for a doorman studio in SoHo, it was \$3,350. A non-doorman studio in Harlem, the cheapest area, runs \$1,460 — compared

with a doorman studio, which costs \$1,651.

For two-bedrooms, a doorman unit in Tribeca costs on average \$8,375 while in Harlem it costs \$3,490. Without a doorman, a Tribeca two-bedroom costs \$8,375 and in Harlem, \$3,490.

Overall, Brooklyn rental prices are continuing to rise, the report says, but are still lower compared to Manhattan. The best Brooklyn deals can be found in Bedford-Stuyvesant and Clinton, while Boerum Hill and Park Slope continue to see price increases. **KATHERINE CLARKE**

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► Grace Bonney upholstered her headboard. She'll show you how in the book and at www.designspongeonline.com.

Design Sponge on your shelf

► Seven years ago, Brooklyn-based Grace Bonney started her addictive design blog ► This month, she released her first coffee-table book ► We soak it up

One of the best things about sifting through the artsy homes on Design Sponge is that no matter how spectacular a place seems, the blog tells you a) where you can find the items pictured or b) offers step-by-step instructions on how to craft the look, an especially nice feature for the 250,000 budget-conscious and design-savvy readers who flock to the site daily. Now, founder Grace Bonney is expanding on her signature brand of sophisticated-



yet-indie decorating with "Design Sponge at Home." "There weren't a lot of books that actually taught people things and also inspired them," explains Bonney. "Either they inspire or teach — and if they teach, they tend to be ugly craft

workbooks. I wanted to put out a beautiful book that's also super functional."

Her new tome — filled with real-life interiors, DIY projects and flower arrangement tutorials — is bound in a stunning red-and-gold Diana Vreeland-esque cover. Even if it doesn't motivate you to kick-start a project like reupholstering your old chair or hanging art (highly doubtful), it'll look gorgeous on your table.



TINA CHADHA
tina.chadha@metro.us

Three of Bonney's favorite tips from the book:

1 "Working with a unified color palette is a great tip I learned from Nicolette Camille Owen's home. She basically painted every single room in her house a shade of blue. They all feel really different, but the house flows so wonderfully. I think that's one of the hardest things if you live in a city apartment: how to get each room to have its own feeling but still feel really seamless."

2 "I really love embracing DIY upholstery. I upholstered my own headboard. I just used a handheld staple gun and bought fabric and did it all by myself. That project in particular showed a lot of people, and really me, that you can do it by yourself. If you see some-

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► Owen's light blue kitchen.



► Her bedroom, which is painted in Benjamin Moore's Hydrangea.

thing in the store that costs \$3,000, don't be intimidated to make your own version of it."



3 "For a long time I overlooked the power of flowers as a decorating tool. A lot of people feel too intimidated to make

something with their own hands, or they're overwhelmed by the idea of wallpapering or painting. But flowers are an inexpensive and fun way to decorate a room."

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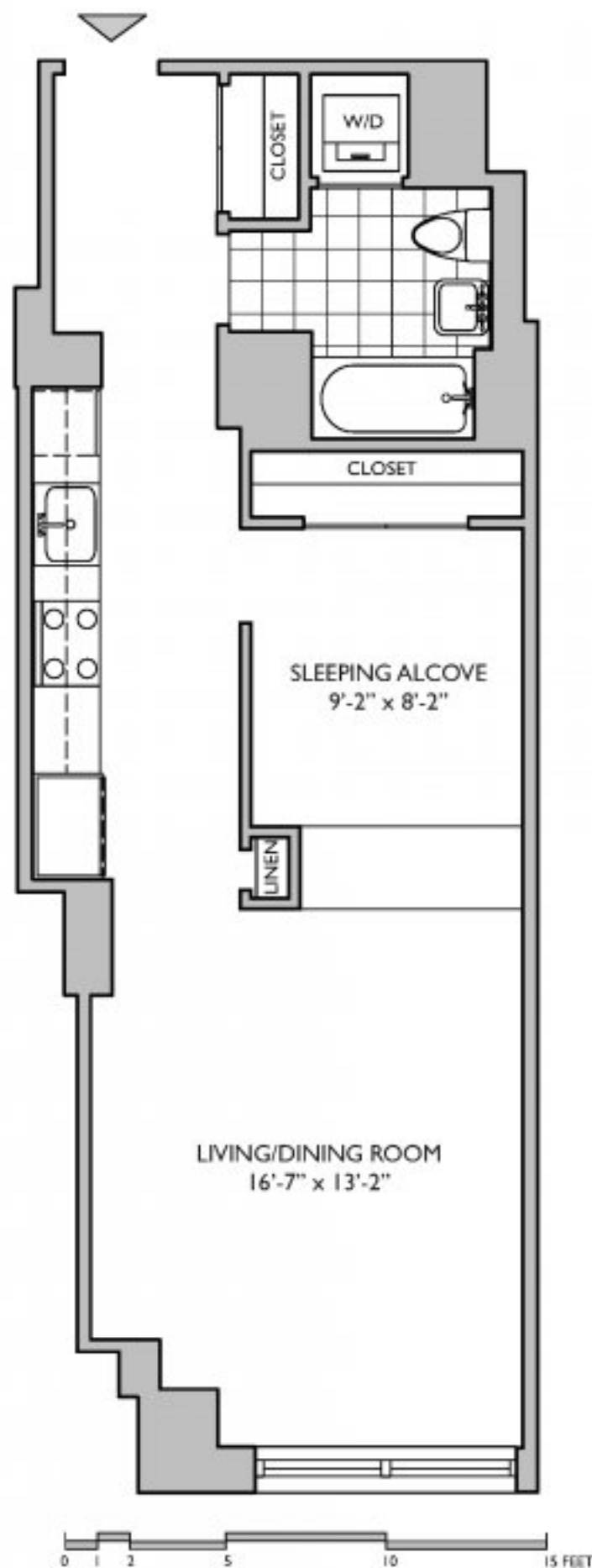
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